





DÍA	LUNES / MONDAY	DÍA	MARTES / TUESDAY	DÍA	MIÉRCOLES / WEDNESDAY	DÍA	JUEVES / THURSDAY	DÍA	VIERNES / FRIDAY
		<b>1</b>	<b>DÍA DEL TRABAJADOR</b> NOT SCHOOL DAY 	<b>2</b>	<b>DÍA DE LA COMUNIDAD DE MADRID</b> NOT SCHOOL DAY 	<b>3</b>	<b>Pasta con tomate y queso (1,3,7)</b> Pasta with tomato sauce and cheese <b>Figuritas de pescado c/ens. Maíz (1,2,4,7,14)</b> Breaded fish with salad Fruta de temporada /Seasonal fruit	<b>4</b>	<b>Brócoli rehogado</b> Broccoli sautéed <b>Jamonicitos de pollo al horno con patata</b> Baked chicken with roast potatoes Lácteo/ Dairy
<b>7</b>	<b>Arroz blanco con tomate</b> Boiled rice with tomato sauce <b>Fil. de merluza en salsa verde con verdura (4)</b> Make fillet cooked in sauce with vegetables Fruta de temporada /Seasonal fruit	<b>8</b>	<b>Lentejas Campesinas</b> Vegetables with lentils stew <b>Huevos Villarray c/juliana de lechuga (1,3,7,12)</b> Breaded eggs with salad Fruta de temporada /Seasonal fruit	<b>9</b>	<b>DÍA DE EUROPA</b>  <b>Judías verdes rehogadas</b> Green beans sautéed <b>Ragout de ternera c/zanahorias y patatas cuadro</b> Veal ragout w/carrots and fries Fruta y pan integral/Fruit and bread	<b>10</b>	<b>Patatas a la Riojana (8,7)</b> "Chorizo" with potatoes stewed <b>F. abadejo a la Andaluza c/tomate y lechuga (1,4)</b> Breaded fish with salad Fruta de temporada /Seasonal fruit	<b>11</b>	<b>Sopa de cocido (1,3)</b> "Cocido" soup <b>Complemento: garbanzos, ave, morcillo, repollo, chorizo</b> Chick-peas, vegetables, meat, "chorizo" stew Lácteo/ Dairy
<b>14</b>	<b>Tallarines Carbonara (nata, bacon, cebolla) (1,3,7)</b> Carbonara style noodle (cream, bacon, onion) <b>F. pescadilla al limón c/ensalada (4)</b> Whiting fillet cooked in sauce lemon w/salad Fruta de temporada /Seasonal fruit	<b>15</b>	<b>SAN ISIDRO LABRADOR</b> NOT SCHOOL DAY 	<b>16</b>	<b>Brócoli rehogado</b> Broccoli sautéed <b>Escalope de pollo c/patatas (1,3)</b> Breaded chicken with fries Fruta y pan integral/Fruit and bread	<b>17</b>	<b>Judías pintas estofadas c/verduras</b> Vegetables with beans stew <b>Tortilla de queso c/ens. Lechuga y maíz (3,7)</b> Cheese omelette with salad Fruta de temporada /Seasonal fruit	<b>18</b>	<b>Crema de verduras</b> Cream of vegetables soup <b>Salmon al horno c/patatas (4)</b> Baked salmon cooked w/fries Lácteo/ Dairy
<b>21</b>	<b>Lentejas estofadas c/chorizo</b> "Chorizo" with lentils stew <b>Huevos c/ens. lechuga zanahoria (3)</b> Scrambled eggs with salad Fruta de temporada /Seasonal fruit	<b>22</b>	<b>Arroz Milanesa</b> Milanese rice <b>Bacalao al horno con pisto (4)</b> Baked cod with ratatouille Fruta de temporada /Seasonal fruit	<b>23</b>	<b>Coliflor Orly (1)</b> Breaded cauliflower <b>Filete ruso c/lechuga</b> Breaded fillet with salad Fruta y pan integral/Fruit and bread	<b>24</b>	<b>Sopa de cocido (1,3)</b> "Cocido" soup <b>Complemento: garbanzos, ave, morcillo, repollo, chorizo</b> Chick-peas, vegetables, meat, "chorizo" stew Fruta de temporada /Seasonal fruit	<b>25</b>	<b>Judías verdes rehogadas con cebolla y ajitos</b> Green beans sautéed with onion and garlic <b>Ragout de pavo asado con patatas fritas (1,4)</b> Roasted turkey ragout with fries Lácteo/ Dairy
<b>28</b>	<b>Pasta c/tomate y chorizo (1,3,7)</b> Pasta with tomato sauce and "chorizo" <b>Sepia rebozada c/ensalada (1,14)</b> Breaded cuttlefish w/salad Fruta de temporada /Seasonal fruit	<b>29</b>	<b>Menestra de verduras al ajo arriero</b> Stew of vegetables to garlic sauce <b>Lacón al horno c/puré de patata</b> Baked lacon w/mashed potatoes Fruta de temporada /Seasonal fruit	<b>30</b>	<b>DÍA DE CANARIAS</b> <b>Judías blancas estofadas c/verdura</b> Vegetables with beans stew <b>Tortilla de patatas (3)</b> Potatoes omelette Fruta y pan integral/Fruit and bread	<b>31</b>	<b>DÍA DE CASTILLA - LA MANCHA</b>  <b>Patatas guisadas con pollo</b> Potatoes stewed with chicken <b>Fil. sardinas abiertas c/pisto manchego (4)</b> Sardines fillet w/ratatouille Fruta de temporada /Seasonal fruit		